

## Family Celebrates Thanksgiving Day in Encinitas

Thursday November 22<sup>nd</sup> was the date for another missing members were Michael Mehan (Spain) , with job or other conflicts. A new feature of the brought his computer operated music making threat or rain caused him to prematurely put away history of Encinitas Thanksgivings the annual raining very hard, and some of the contestants not have to run up and down the soccer field. By the Turkey was done and the full course of good cooked by Margaret and Bud, and carved by Bud other items, including baked potatoes, Francie's potatoes, ham, and lots of other stuff. Afterwards plus Grandpa's favorite, cherry pie. Afterwards the gathered around the TV to take in a football game. everyone who pitched in to make it what it was,



Thanksgiving Day family celebration. The only the Ed Riel family (see below) and a few kids celebration was provided by Richard, who equipment. We all enjoyed his selections, but the the equipment Also, for the first time in the soccer match was cancelled. It was not really seemed to barely conceal their joy that they did the time the rain cleared up it was too late, since food selections was ready. The turkey, expertly and Jeff was delicious, as usual. There were many famous candied yams, salad, veggies, baked everyone enjoyed dessert, ice cream and cake frustrated soccer players and some of the rest It was another great holiday, and we all thank especially Bud and Margaret.



*We extend to all our family and friends our very best wishes for a very happy holiday season and coming year. We wish you all happiness, good health and a productive future !!!*



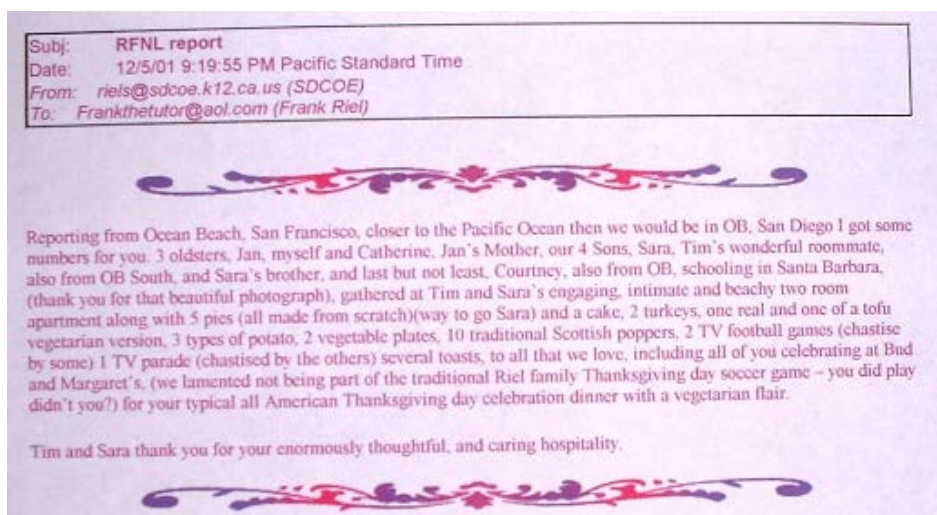
### Ed Riel Family enjoys Thanksgiving with Tim in San Francisco

Since Tim is in college in San Francisco the family decided to drive there and help him celebrate his first away from home Thanksgiving. We have the following account of the trip and holiday as reported by Ed and reproduced on the next page.

# The Riel Family Newsletter

Catch the News

December, 2001



We thank you, Ed, for your report on the other Thanksgiving celebration. We missed you and your family but we were glad that you could spend time with Tim. We are looking forward to a report from him on how things are going at school.

## College news

We have the following report from Jason.

*Hi Grandpa, How are you doing? I'm sorry it has taken me so long to email you but I have been busy writing papers and studying for my finals. My new address in Santa Barbara is:*

*6742 Abrego Rd. #82  
Goleta, Ca 93117*

*I would really appreciate it if you could send me the Riel newsletter every month. It would be nice to keep up on what everyone is doing. Here is a little about what I am doing right now. I am currently a junior at UC Santa Barbara and am majoring in law & society with a minor in history. I plan on going to law school after next year but right now have no idea where. This quarter as far as my classes are concerned I took law & society, psychology, sociology, and an anthropology class. Just about every ology you could possibly take. Next quarter I am taking two English classes, a history class, and another psychology class. I also played on an intramural soccer team this quarter with several of mike's friends from his old high school. We did pretty well, we only lost one game but had several cancelled and a couple forfeited in our favor because of the rain. So tomorrow we are going to be playing in the championship game. Other than that I have been swimming and working out a lot trying to get back in to shape, I still have that pesky freshman 15 and I figure it's time to lose a couple pounds. As for a job, right now I am working on campus for the media equipment department. I run TVs, computers, VCRs, DVDs, etc. to and from classrooms. It's a little tedious but it's nice because once I deliver the equipment I have a lot of spare time on my hands to work on whatever I would like to do which usually means either reading or working on some homework for my classes. So far I have really enjoyed living in my first apartment. Besides the responsibility of paying bills and making sure the house is clean it has been a really enjoyable experience. My roommate and I get along great, I knew him from*

*high school, he was the goalie of our soccer team and he is also playing on my intramural soccer team. I am going to have to take pictures of my apartment and email them to you but it's a small yet roomy two story apartment only a couple blocks away from campus. I have a car up here but in Santa Barbara because of how flat it is I usually commute around on my bike. My last final is the 12th and I will then be heading home with a full load of laundry and will hopefully have a nice relaxing three weeks of no school. I can't wait till the 1st to celebrate the holidays with everyone. But I better get going I have a lot of reading to get done before my finals next week. If I don't see you before the 1st than I will see you at Uncle Robert's on new year's day. Tell Grandma I send he my love and prayers and I will talk to you guys later.*

*Love,  
Jason*

We also received from Michelle an e-mail "world of science" in which she gives us an update on her career progress, as follows.

*Hi Grandpa!  
I have some exciting news to tell you. As you might know, I quit my job at AAA Auto Club recently because they were too many hours (about 35 per week). Well, I decided it was time to move on and I*



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started looking for a new job. I am currently a biology major at SDSU and I tried looking for a job on campus. Through many applications and e-mails to the bio department faculty, I was offered a job in Dr. Krisans lab at school. The lab is looking at the different enzymes in the peroxisomes that are a part of the formation of cholesterol. The cholesterol is formed in the endoplasmic reticulum. However, the enzymes of the peroxisomes (and lysosomes) are involved in the end product yet their actual roles are unknown. I am a lab assistant and do small tasks such as making tissue culture media, autoclaving (disinfecting at high pressure), washing test tubes, and doing some small experiments including western blots and gel electrophoresis (with supervision). For what I am doing I am impressed at what they are paying me (\$8.50/hr). This job has a lot of potential for growth. With time, I hope to be able to be in charge of different experiments and gather my own results. The only down side to the job is that it only offers me 10 hours a week. So, in order to make rent, I found a second job.

I was offered a job at the Salk Institute in the Peptide Biology Lab (PBL). The principal investigator is Catherine Rivier and the main scientist is Dr. Soon Lee. At Salk I do multiple things. I perform perfusions, brain extractions, brain cross-sectioning, put the brain cross-sections on slides, develop the slides, and stain them. I also make different buffer solutions, perform Northern blots and gel electrophoresis and some PCR (polymerase chain reaction) procedures (replicating a lot of DNA in a short amount of time). Because the company is non-profit, I get paid \$1.50 less than I do at SDSU but it is worth it because of the experience I am gaining. At the moment I don't know what I want to do with myself after college so this is a great way to help me figure it out. I am learning about biology in the world of academia and also in biotech. I am really excited about all of this and I look forward to everything that I will be learning. I have been blessed in so many ways with the opportunities that have presented themselves and the people in my life...it makes it all so exciting. (Plus... I no longer work weekends, nights, or holidays.)

I know that some of this is confusing, so if you have any questions just email me. Hopefully I'll hear from you soon.

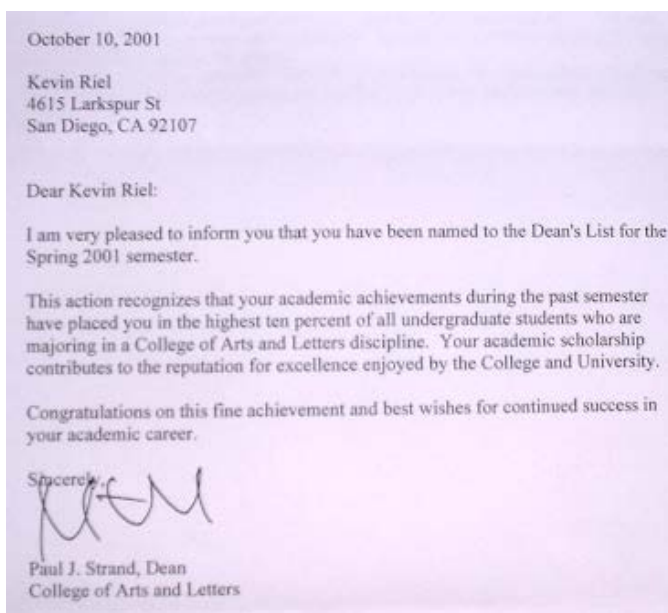
Love Michelle

We thank you, Michelle, for this very descriptive account of the work you are doing. Your excitement about your work experience shows through in the way you describe the various tasks that you perform. I am impressed with how much you have learned in such a short time, and you are right in realizing that what you are doing now will help you select a lifetime profession. Your experience reminds me of the time I served as an assistant (unpaid) for my high school

chemistry teacher. I performed simple tasks, but in doing so I learned about science and chose a lifetime profession, a decision that to this day I have never regretted. We certainly wish you good luck in your career.

We thank Jason and Michelle for these reports, and hope to hear from the rest of the college kids before long.

We recently got from Ed a copy of the following letter from the College of Arts and Sciences at SDSU.



Congratulations, Kevin!!! Way to go !!! We understand from Ed that Kevin may go for an advanced degree, and become a teacher at the college level.

## Some e-mail news from Francie

Dad - As I told you last week, Brett's team finished in first place for the Southern California Amateur Skateboard League. At the awards ceremony he was informed that he finished forth in overall points. This qualifies him to compete in the 2001 California State Skateboarding Championships, on December 15<sup>th</sup> and 16<sup>th</sup> in Ontario, California. His entry is paid for by K-5, his sponsor. Many congrats for your hard work and efforts.



Bryce also was selected for a team of a different kind. He

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made the improvisation team at Scripps's Ranch, High School, or the improv army, as they call themselves. We attended a performance at the school on Friday the 16<sup>th</sup> and enjoyed all the talent of the group.

I have just returned from a photo shoot for ISO in NYC where I was fortunate enough to hook up with Karin Sorem, who is attending NYU. We had a nice dinner together, one of the many benefits of travel. Francie

## Robert's company featured in local magazine

Ed Riel kindly supplied us with a copy of the October issue of the San Diego Metropolitan, a local business journal. It contained an article on the Dynalectric Company, and the following about Robert's division was included.


Congratulations, Robert, and keep up the good work!!

Gone are the days when a building's electrical installation meant simply laying down pipe and wire.

"Now electrical installation technology includes fire alarm/life safety systems, sound and video, heating and air conditioning, security and access control -- as well as the usual telecommunications and data services," says Bob Riel, vice president of information technology and offering over 16 years' experience in the industry, including more than 12 with Dynalectric.

"With our help, systems do more than talk to each other -- they actually work together," says Riel. "We offer customers more value at a lower cost, especially customers with multiple systems."

One of the talents Riel's division offers clients is identifying potential setbacks involving security, lighting or late-night access. Another is providing service after the sale -- in essence a "building warranty."



*"With our help, systems do more than talk to each other -- they actually work together."*

— Bob Riel  
Vice President of Information Technology

## David Gillingham has full recovery from recent surgery

Bob and Listy have kept us fully informed on David's surgery and post operation condition. We reproduce in part their comments, as follows.

*In late June David experienced an arrhythmia, which lasted 2-3 minutes. That told us it was time to do something. We visited Kaiser, and they referred us to the cardiology department at UCSD. After reviewing David's medical history and warning us of future heart abnormalities, they advised us to proceed with the surgery. The whole process was done with catheters, first to identify*

*the suspected extra conductive tissue, next to induce an arrhythmia to confirm it's location, then to see if there were any other electrical issues, and finally to "scar" the conductor so electrical impulses can no longer bridge the atria and ventricles. Finally, they tried to induce an abnormal beat once again, and because they couldn't, they knew it was successful. As it turns out, the surgeon is a brand new Francis Parker parent, Dr. Ulrika Birgensdoter-Green (introduced with a heavy Swedish accent).*

*David was very upbeat about the process, we are very proud of how he conducted himself, and we are thrilled to have him come home again as a perfect kid. Listy and Bob*

Thanks, Bob and Listy, for this great news, and our very best wishes to David for his future health.

## St Columba casino night dinner party

Grandpa and Grandma joined Richard and Liz for a dinner party and fake gambling recently. This fancy affair was a fundraiser for the school and Richard reported that it was very successful. Richard provided the music with his computer set-up, and also served as MC for the entire evening. The after dinner activities included a silent auction, craps and blackjack games, and various drawings for cash prizes. We didn't win anything, but we had a great evening.



## Get ready for Riel Bowl XI !!!!!

Yes, it's almost time for the big celebration on January 1<sup>st</sup>. Your annual cross word puzzle is attached (**NO SWAPPING CLUES!!**). Bring your solution to the assistant commissioner, Karla. There will be music, games, lots of great food and drinks, and most of all the ever-popular gift exchanges. Don't forget your white elephant gifts.